

the flower of life drunvalo

The Flower of Life Drunvalo: Unlocking Sacred Geometry and Spiritual Awakening

the flower of life drunvalo is a phrase that has captured the imagination of many seeking deeper understanding of sacred geometry, spirituality, and the interconnectedness of life. Rooted in ancient symbolism yet popularized in modern times by Drunvalo Melchizedek, the Flower of Life serves as a gateway into exploring the universal patterns that underlie creation itself. Whether you're new to the concept or curious about its spiritual implications, diving into the world of the Flower of Life Drunvalo offers a fascinating journey that blends science, mysticism, and personal transformation.

Understanding the Flower of Life and Its Origins

The Flower of Life is a geometric figure composed of multiple evenly-spaced, overlapping circles arranged to form a flower-like pattern with symmetrical, hexagonal shapes. This symbol has been found in various ancient cultures across the globe, including Egyptian temples, Chinese art, and medieval manuscripts. It embodies mathematical perfection and is considered a visual representation of the fundamental forms of space and time.

Drunvalo Melchizedek's Contribution

Drunvalo Melchizedek, a spiritual teacher and author, brought renewed attention to the Flower of Life through his workshops, books, and teachings. He emphasizes its role as a blueprint of creation, connecting it to the structure of the universe, human consciousness, and the spiritual awakening process. His work often references how the Flower of Life contains within it the "Fruit of Life" and the "Seed of Life," patterns that hold the keys to understanding the building blocks of reality and even the DNA structure.

The Spiritual Significance of the Flower of Life Drunvalo

For many followers and seekers, the Flower of Life Drunvalo symbolizes much more than a decorative pattern. It is often seen as a sacred tool for meditation, healing, and awakening higher states of consciousness. By meditating on or visualizing this unique geometric pattern, practitioners believe they can tap into the universal energy field, harmonize their mind and body, and experience profound spiritual insights.

The Connection to Sacred Geometry

Sacred geometry is the study of shapes and mathematical ratios that appear consistently throughout nature and the cosmos. The Flower of Life is considered one of the primary sacred geometric symbols

because it encapsulates the essence of creation and the unity of all things. Drunvalo explains that these geometric principles can help us understand the energetic blueprint behind everything from the formation of galaxies to the structure of our own bodies.

How the Flower of Life Enhances Meditation Practices

Incorporating the Flower of Life Drunvalo into meditation routines can deepen the experience by fostering greater focus and alignment with universal energies. Many practitioners report that visualizing the pattern helps quiet the mind, balance emotional states, and opens pathways to intuitive wisdom. Its repetitive, symmetrical design promotes a calming effect, inviting meditators to explore inner dimensions and transcend ordinary consciousness.

Exploring the Symbolism Within the Flower of Life Drunvalo

The Flower of Life is more than just overlapping circles; it contains layers of symbolism that convey profound spiritual truths.

The Seed of Life and the Fruit of Life

Within the broader Flower of Life pattern lies the Seed of Life, a cluster of seven circles that represents the seven days of creation and the genesis of all life. From the Seed of Life emerges the Fruit of Life, which consists of thirteen circles and is said to be the blueprint for the universe's energy matrix. According to Drunvalo, understanding these components can provide insight into the interconnectedness of existence and the divine architecture of reality.

The Tree of Life and Merkaba

Drunvalo's teachings also connect the Flower of Life to other sacred symbols such as the Tree of Life from Kabbalah and the Merkaba, a geometric energy field believed to enable spiritual ascension. These overlapping symbols form a comprehensive map of spiritual evolution, illustrating how energy flows through different dimensions and how humans can align themselves with higher frequencies.

Practical Applications of the Flower of Life Drunvalo

Beyond its symbolic and spiritual meanings, the Flower of Life Drunvalo has practical uses that many incorporate into daily life.

Healing and Energy Work

Energy healers often use the Flower of Life pattern as a focus point to channel universal healing energy. The symmetry and flow of the design are thought to balance the body's energy fields and promote well-being. Some practitioners use physical Flower of Life tools, such as jewelry, crystals etched with the pattern, or artwork, to enhance energy work sessions.

Creative Inspiration and Manifestation

The Flower of Life is also a powerful symbol for creativity and manifestation. Artists, designers, and spiritual practitioners use the pattern to inspire new ideas and connect with the creative forces of the universe. Meditating on the Flower of Life can help clarify intentions and align one's energy with the natural rhythms of growth and manifestation.

Educational and Scientific Exploration

Interestingly, the Flower of Life has also attracted attention from educators and scientists interested in the intersection of geometry, physics, and biology. The pattern's mathematical properties provide a fascinating study of symmetry, fractals, and the golden ratio, which appear throughout nature in phenomena such as sunflower seed arrangements, snowflakes, and even molecular structures.

How to Incorporate the Flower of Life Drunvalo Into Your Life

If you feel drawn to the Flower of Life Drunvalo, there are several meaningful ways to engage with this powerful symbol.

- **Meditation:** Find a quiet space, gaze softly at a Flower of Life image, or visualize the pattern mentally to deepen your spiritual practice.
- **Art and Decoration:** Integrate the Flower of Life into your environment through paintings, tapestries, or jewelry to keep the energy present in your surroundings.
- **Workshops and Books:** Explore Drunvalo Melchizedek's books such as "The Ancient Secret of the Flower of Life" to gain a deeper understanding of the symbol and its history.
- **Energy Healing:** Use Flower of Life tools like crystal grids or energy mats during healing or relaxation sessions.

Each of these approaches can help you connect more intimately with the sacred geometry that underpins our reality and foster personal growth.

Why the Flower of Life Drunvalo Continues to Inspire

The enduring appeal of the Flower of Life Drunvalo lies in its ability to bridge the ancient and the modern, the scientific and the spiritual. In a world that often feels fragmented, this symbol reminds us of our intrinsic connection to the universe and to each other. Its universal pattern invites contemplation on the mysteries of life, encouraging us to explore the unseen forces that shape our existence.

Whether you approach it as a visual meditation aid, a metaphysical tool, or a fascinating mathematical marvel, the Flower of Life Drunvalo offers a rich tapestry of insights that resonate across cultures and disciplines. By embracing this symbol, many find a pathway to greater harmony, creativity, and awareness—a timeless invitation to see the world through the lens of sacred geometry and universal unity.

Frequently Asked Questions

What is the Flower of Life according to Drunvalo Melchizedek?

The Flower of Life, as explained by Drunvalo Melchizedek, is a sacred geometric pattern composed of multiple evenly-spaced, overlapping circles arranged to form a flower-like design. It is considered a symbol of creation and the fundamental patterns of the universe.

Who is Drunvalo Melchizedek?

Drunvalo Melchizedek is an author and spiritual teacher known for his work on sacred geometry, particularly the Flower of Life, as well as topics related to consciousness, spirituality, and the Merkaba meditation.

How does Drunvalo Melchizedek describe the significance of the Flower of Life?

Drunvalo describes the Flower of Life as a blueprint of the universe, containing the patterns of creation from which all life and matter emerge, and as a tool for spiritual awakening and understanding the interconnectedness of all things.

What is the connection between the Flower of Life and Merkaba meditation in Drunvalo's teachings?

In Drunvalo's teachings, the Flower of Life contains the geometric foundation for the Merkaba, a light body vehicle. Through Merkaba meditation, practitioners activate this energy field to achieve higher states of consciousness and spiritual transformation.

Can the Flower of Life symbol be found in ancient cultures,

according to Drunvalo Melchizedek?

Yes, Drunvalo points out that the Flower of Life pattern appears in various ancient cultures worldwide, including Egyptian, Chinese, and Indian artifacts, suggesting its significance as a universal symbol of creation and sacred geometry.

What materials or tools are recommended by Drunvalo for working with the Flower of Life?

Drunvalo often recommends meditation, visualization, and studying the geometric patterns through drawings or models to deepen understanding, as well as engaging in Merkaba meditation to experience the spiritual aspects of the Flower of Life.

How can understanding the Flower of Life benefit personal spiritual growth?

Understanding the Flower of Life, according to Drunvalo, can help individuals recognize their connection to the universe, promote healing, enhance consciousness, and facilitate spiritual awakening by revealing the underlying structure of reality.

What books has Drunvalo Melchizedek written about the Flower of Life?

Drunvalo Melchizedek has written several books, including 'The Ancient Secret of the Flower of Life' Volumes 1 and 2, which explore the history, geometry, and spiritual significance of the Flower of Life symbol.

Is the Flower of Life considered a scientific concept in Drunvalo's work?

While the Flower of Life incorporates geometric principles, Drunvalo's work is primarily spiritual and metaphysical rather than scientific, focusing on its symbolism and impact on consciousness rather than empirical science.

How can someone start learning about the Flower of Life based on Drunvalo Melchizedek's teachings?

Beginners can start by reading Drunvalo's books, studying the Flower of Life patterns, practicing Merkaba meditation, and exploring sacred geometry concepts to gradually understand the spiritual and energetic implications of the Flower of Life.

Additional Resources

The Flower of Life Drunvalo: Exploring the Symbolism and Teachings

the flower of life drunvalo is a phrase that resonates deeply within the realms of sacred geometry,

spirituality, and metaphysical studies. This concept, popularized by Drunvalo Melchizedek, a prominent spiritual teacher and author, has garnered significant attention for its intricate design and purported connection to universal patterns of creation. Understanding the flower of life in Drunvalo's context requires delving beyond its geometric beauty to explore its symbolic meanings, historical roots, and practical applications within spiritual practices.

Understanding the Flower of Life and Drunvalo Melchizedek's Contribution

The flower of life is a geometric figure composed of multiple evenly-spaced, overlapping circles arranged to form a flower-like pattern with symmetrical hexagonal symmetry. While this symbol has appeared across various ancient cultures—from Egyptian temples to medieval European art—Drunvalo Melchizedek brought a modern interpretative framework that links it to human consciousness and awakening.

Drunvalo's teachings emphasize the flower of life as more than an artistic or mathematical curiosity. He presents it as a blueprint of creation, encapsulating the fundamental patterns that underlie life itself. His work, especially in his books such as "The Ancient Secret of the Flower of Life," elaborates on how this geometric form encodes information about the universe, energy fields, and the human body.

Historical and Cultural Context

The flower of life's appearance in diverse cultures speaks to its universal significance. From the Temple of Osiris in Abydos, Egypt, to the Forbidden City in China, this pattern has been revered and preserved for millennia. Drunvalo's research highlights these cross-cultural manifestations to suggest a shared knowledge or ancient wisdom that transcends time and geography.

This cross-cultural presence not only adds weight to the symbol's importance but also invites scholarly debates about its origins and meanings. While some view it strictly as an artistic motif, others, including Drunvalo, interpret it as an esoteric key to unlocking higher dimensions of existence.

Drunvalo's Interpretation and the Merkaba Meditation

One of the pivotal aspects of Drunvalo Melchizedek's teachings is the integration of the flower of life with the concept of the Merkaba—a light body vehicle that purportedly enables spiritual ascension and interdimensional travel. According to Drunvalo, the flower of life is directly connected to the structure and activation of the Merkaba.

The Merkaba Explained

The term "Merkaba" originates from ancient Egyptian and Hebrew meanings, often translated as

“light,” “spirit,” and “body.” Drunvalo describes the Merkaba as a three-dimensional star tetrahedron that surrounds the human body, acting as a vehicle for consciousness to move through different planes of reality.

His guided Merkaba meditation, which incorporates visualization techniques based on the flower of life’s geometry, aims to activate this energy field. Practitioners report increased feelings of peace, expanded awareness, and deeper spiritual connection after engaging with these meditative exercises.

Scientific and Skeptical Perspectives

While Drunvalo’s teachings attract a devoted following, they also face criticism from scientific and skeptical communities. The claims regarding the flower of life’s metaphysical properties and the Merkaba’s activation lack empirical validation through conventional scientific methods. Critics argue that these concepts fall into the realm of pseudoscience or New Age spirituality without reproducible evidence.

Nonetheless, proponents emphasize the subjective benefits experienced through meditation and spiritual exercises involving the flower of life, suggesting that personal transformation may hold value beyond empirical proof.

Applications and Influence in Modern Spirituality

The flower of life Drunvalo has popularized has influenced numerous areas within contemporary spiritual and wellness communities. From art and jewelry to meditation workshops and healing sessions, this symbol serves as a focal point for exploration of consciousness and holistic well-being.

Artistic and Decorative Uses

The intricate geometry of the flower of life lends itself well to visual art and design. Its balanced and harmonious form is often used in tattoos, mandalas, and sacred geometry-inspired artwork. Drunvalo’s interpretation has encouraged artists to incorporate the pattern with the intention of conveying spiritual messages or promoting energy balance.

Healing and Energy Work

Within alternative healing practices, the flower of life symbol is often used as an energy tool. Some practitioners believe that placing this pattern in environments or using it in healing sessions can harmonize the energy flow and promote physical and emotional well-being. Drunvalo’s teachings have contributed to the rise of flower of life-based energy healing modalities, although these remain largely anecdotal.

Educational and Workshop Settings

Drunvalo Melchizedek has conducted numerous workshops and courses centered on the flower of life and Merkaba meditation techniques. These sessions aim to educate participants on sacred geometry's role in personal growth and spiritual evolution. Attendees often describe these workshops as transformative, citing enhanced intuition and a sense of interconnectedness.

Pros and Cons of Embracing the Flower of Life Drunvalo Teachings

Exploring the flower of life through Drunvalo's lens presents both opportunities and challenges for seekers.

- **Pros:**

- Provides a structured framework for meditation and spiritual practice.
- Connects ancient symbolism with modern metaphysical concepts.
- Encourages holistic awareness and personal transformation.
- Offers a visually compelling symbol that inspires creativity and mindfulness.

- **Cons:**

- Lack of scientific validation can limit acceptance among critical thinkers.
- Some teachings may be perceived as esoteric or difficult to grasp without prior spiritual background.
- Risk of commercialization overshadowing deeper spiritual meanings.

Comparisons with Other Sacred Geometry Symbols

The flower of life, while distinctive, shares common ground with other sacred geometry figures such as the Seed of Life, the Tree of Life, and Metatron's Cube. Drunvalo's teachings often reference these interconnected symbols to provide a comprehensive map of spiritual and cosmic knowledge.

Unlike some symbols that focus on specific spiritual traditions, the flower of life is appreciated for its universal appeal and adaptability across cultures and belief systems. This versatility has helped it maintain relevance in evolving spiritual landscapes.

The intricate, overlapping circles of the flower of life create a complex structure that can be broken down into simpler patterns, such as the Seed of Life, which consists of seven interlinked circles. This nested hierarchy of shapes exemplifies how sacred geometry underpins natural patterns and life cycles—a theme central to Drunvalo's work.

Final Reflections on the Flower of Life Drunvalo Legacy

The flower of life drunvalo represents a unique fusion of ancient symbolism and contemporary spiritual inquiry. Through his writings and teachings, Drunvalo Melchizedek has expanded the conversation around sacred geometry and its potential influence on human consciousness. While his interpretations evoke both admiration and skepticism, they undeniably contribute to the broader discourse on spirituality's intersection with art, science, and culture.

For those intrigued by metaphysical patterns and the quest for higher understanding, the flower of life offers a visually and conceptually rich gateway. Whether approached as a spiritual tool, an artistic inspiration, or a philosophical symbol, it remains a compelling subject that continues to inspire exploration and dialogue.

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the flower of life drunvalo: The Ancient Secret of the Flower of Life, Volume 2 Drunvalo Melchizedek, 2012-04-27 The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science, stories, logic, and coincidence on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation--step-by-step techniques for the re-creation of the energy field of the evolved human--which is the key to ascension and the next dimensional world. if done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from

protective powers to the healing of oneself, of others, and even of the planet. You may discover a memory or a fleeting reflection of yourself in the following topics: - The Unfolding of the Third Informational System: the circles and squares of human consciousness, Leonardo da Vinci's true understanding of the Flower of Life, and exploring the rooms of the great pyramid - Whispers From Our Ancient Heritage: the initiations of Egypt, the mysteries of resurrection, interdimensional conception, ancient mystery schools, Egyptian tantra, and sexual energy and the orgasm - Unveiling the Mer-Ka-Ba Meditation: chakras and the human energy system, energy fields around the body, the seventeen breaths of the Mer-Ka-Ba meditation, and the sacred geometry of the human lightbody.

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the flower of life drunvalo: *The Ancient Secret of the Flower of Life, Volume 1* Drunvalo Melchizedek, 2012-04-28 Once, all life in the universe knew the Flower of Life as the creation pattern - the geometrical design leading us into and out of physical existence. Then from a very high state of consciousness we fell in darkness and forgot who we were. For thousands of years the secret was held in ancient artifacts and carvings around the world, and encoded in the cells of all life. Here Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty. Sacred Geometry is the form beneath our being and points to a divine order in our reality. We can follow that order from the invisible atom to the infinite stars, finding ourselves at each step. The information here is one path, but between the lines and drawings lie the feminine gems of intuitive understanding. Explore the miracle of our existence by meandering through the wonderland of geometry, science, ancient history and new discovery, seen through the widened vision of Drunvalo and the Flower of Life. Volume 2 will explore in great detail the Mer-Ka-Ba, the 55-foot-diameter energy field of the human lightbody. This knowledge leads to ascension and the next dimensional world. About the Author Drunvalo Melchizedek's life experience reads like an encyclopedia of breakthroughs in human endeavor. He studied physics and art at the University of California at Berkeley, but he personally feels that his most important education came after college. In the last 25 years he has studied with over 70 teachers from all belief systems and religious understandings, providing him with a wide breadth of knowledge, compassion and acceptance. Not only is Drunvalo's mind exceptional, but his heart, his warm personality, his love for all life everywhere, is immediately understood and felt by anyone who meets him. For some time now he has been bringing his vast vision to the world through the Flower of Life program and the Mer-Ka-Ba meditation.

the flower of life drunvalo: **The Ancient Secret of the Flower of Life, Volume 2** Drunvalo Melchizedek, 2000 The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the re-creation of the energy field of the evolved

human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet. Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and the amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.

the flower of life drunvalo: How to Become the True You Jeff Michaels, 2015-03-01 Are You Seeking to Create a Spiritual Life? Spiritually minded humans often look to those in the spirit realm for guidance and a higher perspective. We are Onereon, a family of beings dwelling in that realm of spirit. Our chosen path is to assist humanity, helping you gain the opportunity to enjoy life to the fullest and to improve your karmic future. In life there are myriad opportunities for significant personal growth. Spiritually motivated beings living in difficult times on Earth may find themselves distracted from their true path of attaining a higher vibrational state of existence. One of the strongest proponents of growth is to begin making individual choices based on self-awareness and practical guidance. Vital questions you can ask now include the following: Who is the true you? Who are you at your karmic core? Who would you be without outside influences? What is my true karmic purpose? By asking yourself these questions, you begin a process of deep spiritual development that will change what is important to you now and in your future. Do not ask these questions lightly! Once spoken, the process begins.

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the flower of life drunvalo: The Intrigue of the Possible Robert A. Mayer, 2007-07 Non-fiction with more Intrigue than the DaVinci code? If you still have a few questions left on some common subjects like: - Why am I here? - What happens when I die? - How are things, Really ? you likely will find parts of this book to be extremely intriguing. The author is in a search to find reasonable answers (as in No B.S. and No baloney) to these questions, and provides information about 13 extremely unusual but credible contemporary individuals, all alive within the last 70 years. These individuals, through their mind-stretching talents, abilities, work, and life experiences, provide stunning examples of the possibilities for each of us. Can you name: - The Sleeping Prophet? - The sculptor/ice-skater whose inner visions are directly responsible for the beginning of the Atomic Age? - The individual who worked with the CIA to produce out-of-body espionage? - The woman who died three times in 1977 and now is a well-known expert on Near-Death experiences and the wisdom they can produce? - The physicist who now explores mind-stretching events at the outer edges between Science and beyond-science? - The multiple-life-continuous-memory individual who the Taos Indians in the U.S. knew as a Kachina or spirit being, who now offers fascinating seminars around the world on 'how are things, really?' Their common thread is their connection, evidenced through their personal life experiences, to the greater unseen universe beyond our every-day senses. These individuals vary greatly in the gifts, talents, information, and insights they exhibit and offer. Since proofs of the information offered by these individuals are frequently not available, the author can

only offer the Intrigue of the Possible which he believes they represent. If you are ready to start a personal inquiry, this book offers many options. I wish you success in your search.

the flower of life drunvalo: Through Alien Eyes Wesley H. Bateman, 2000-01-01 The accounts given by extraterrestrials in this volume are about events that occurred in our solar system many millions of years ago. In that ancient time the solar system consisted of four planets and four radiar systems that orbited the central sun. The four planets of the solar system are known today as Venus, Earth, Mars and a now-totally shattered world that was called Maldec. The term radiar applies to the astronomical bodies we presently call Jupiter, Saturn, Uranus and Neptune. The original satellites of these radiars are generally called moons by Earth astronomers, but the extraterrestrials prefer to call them planetoids. This book reflects the personal views of a number of different types of extraterrestrials regarding the state of the local solar system and the state of the Earth.

the flower of life drunvalo: The Living Alphabet Angeline Welk, 2016-11-22 Now more than ever, cursive handwriting needs to be included in our curriculum of evolution because appropriate cursive maintains neurological connections, establishes new pathways to receive higher frequencies of knowledge, and activates latent regions of the brain that transmit through the whole physiological design. In addition, each letter in the alphabet is a channel to activate for specific wisdom and knowledge within the individual and collective mind-spirit. When we resonate with each letter, we become part of its directive consciousness to be expressed in this physical reality. We attain this resonance as we mindfully write the letters, allowing their spiritual rays to activate within us the extended consciousness of the Infinite Mind that each represents. Divine attainment is coded within the alphabet. Students of all ages can progress beautifully in consciousness through cursive writing and alphabet studies. This book is composed of two parts: • The first includes articles that appeared in the Sedona Journal of Emergence! about each letter. Following each article is a guide on how to form that letter and a mantra to use as you trace it. • The second part is a workbook with exercises designed to increase your connection to your true being and the universe.

the flower of life drunvalo: The Comprehension of the Holy Spirit within the Human Condition Arthur Fanning, 2015-08-17 The force of the Holy Spirit is coming. Are you ready? The spiritual forces within the self have been neglected, causing a lot of difficulty. In this series of channelings from the Spirit of Space and Gabriel et al. through Arthur Fanning, you'll learn how to acknowledge, respect, and make the most of these spiritual forces as you continue to work toward ascension. Read about how the forty-nine personalities in your chakras are unifying. Discover the importance of your birth name and date and how to use them to develop harmonics, receive memories, and reveal your divine purpose! Understand why it's essential to appreciate the many intricate parts and functions of your human body.

the flower of life drunvalo: Nothing in This Book Is True, But It's Exactly How Things Are, 15th Anniversary Edition Bob Frissell, 2010-06-15 Nothing in This Book Is True, But It's Exactly How Things Are is an account of humankind's function within the grand celestial battle between internal and external knowledge. Author Bob Frissell gives a compelling account of our planetary ascent into higher consciousness, presenting a big-screen view of the Earth through the experience of the Ascended Masters, Thoth, Babaji, and Drunvalo Melchizedek. Pulling in all manner of conspiracy theories from the Secret Government to the Philadelphia Experiment, Frissell proposes both a core transdimensional shift based on the Mayan calendar and a personal Rapture mediated through the connected, affirmed breaths of rebirthing that his teacher Melchizedek used to travel from the other side of the universe to here—breathing your own spacecraft (merkaba) out of and around your aura in order to travel through the astral realms. The 15th anniversary edition of this cult classic is revised and expanded with new illustrations and 50 pages of important new information on the Lucifer Rebellion, the solar storm, and the final three breaths of the merkaba meditation.

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a cult classic popular among fans of metaphysical literature. Photos & illustrations throughout.

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